

William J. Giakas, M.D.

Private Practice

Rockford Psychiatric Medical Services, S.C.
Edgebrook Court, Suite 260
1639 N. Alpine Road
Rockford, Illinois 61107
Tel: (815) 395-1500
Fax: (815) 395-1415
www.RockfordPsych.com

Date & Place of Birth

October 1, 1962; Plainfield, New Jersey.

Board Certification

- | | |
|------|--|
| 1993 | Diplomate, American Board of Psychiatry and Neurology (<i>lifetime certification in Psychiatry</i>) (#38114) |
| 1994 | Diplomate, American Board of Adolescent Psychiatry (#288)
<i>Recertified 2000, 2005, 2010, 2015</i> |
| 1995 | Certification in the Subspecialty of Geriatric Psychiatry, American Board of Psychiatry and Neurology (#1375)
<i>Recertified 2006, 2016</i> |
| 1999 | Certification in Subspecialty of Forensic Psychiatry, American Board of Psychiatry and Neurology (#983)
<i>Recertified 2009</i> |

Residency Training

- | | |
|-----------|--|
| 1989-1992 | <u>Yale University School of Medicine</u> , New Haven, CT. Residency in Psychiatry.

<u>Chief Resident</u> , Affective Disorders Unit, Yale-West Haven VA Medical Center; 7/91-7/92.

<u>Geriatric Psychiatry</u> , Consultation-Liaison, The Jewish Home for the Elderly, Fairfield, CT; 7/91-7/92. |
| 1988-89 | <u>Greenwich Hospital Association</u> , Greenwich, CT. Internal Medicine Internship; Yale-affiliated internship. |

Academic Degrees

- 1988 M.D., Rutgers New Jersey Medical School,
Newark, NJ. (*Formerly*, UMDNJ - New Jersey Medical
School).
- 1984 A.B., Biochemistry, with Distinction in all
Subjects, Cornell University, Ithaca, NY.

Certification

- 1992 Certification in Electroconvulsive Therapy.
“Practical Advances in ECT - The Certificate
Course.” New York, NY.
- 1989 National Board of Medical Examiners (Part 3)
#353047
- 1988 National Board of Medical Examiners (Part 2)
- 1986 National Board of Medical Examiners (Part 1)

Private Practice

- 8/2/92-present Rockford Psychiatric Medical Services, S.C.
President and CEO. Rockford, IL.
- Multidisciplinary mental health group practice.
Providing psychiatric consultation and treatment,
psychopharmacologic treatment, psychotherapy,
forensic evaluations, geriatric consultation, nursing
home consultation, outpatient treatment and
pharmaceutical company consultation and speaking.*

Medical Licenses

- 5/18/98 State of Florida #ME75766 (active), exp. 1/31/19
- 2/6/92 State of Illinois #036-083961 (active), exp. 7/31/2020
DEA# BG2472900 (exp. 9-30-20)
- 7/1/90 State of Connecticut #030886 (active), exp. 10/31/17
- 9/5/89 State of New Jersey #25MA05377800 (active),
exp. 6/30/19

Malpractice Insurance

- 8/1/06-8/1/18 Fair American Insurance and Reinsurance Company
(Professional Risk Management Services, Inc., 1401
Wilson Boulevard, Arlington, VA)
(Policy # IN-FCO01- 033315355)
(Certificate Number 65295)

Academic Appointments

- 09/16/17 Clinical Assistant Professor, Department of Psychiatry, University of Illinois College of Medicine at Rockford (UICOM-Rockford).
- 1993-2013 Clinical Assistant Professor, Department of Psychiatry, University of Illinois at Chicago, (Non-paid, volunteer appointment).
912 South Wood Street, Chicago, Illinois 60612.)

Speakers Bureau

- 2016-2017 Allergan (formerly Forest, then Actavis) (*Saphris*)
2000-2016 Forest (*Lexapro, Namenda, Viibryd, Fetzima*)
2009-2012 Lilly (*Prozac, Cymbalta*)
2011-2013 Sunovion (*Latuda, Lunesta*)
2010-2011 Merck (*Saphris*)
2000-2011 Novartis (*Exelon, Exelon Patch*)
2008-2011 Wyeth/Pfizer (*Effexor, Effexor-XR, Geodon*)
2008-2011 Sepracor (*Lunesta*)
2004-2007 Sanofi Aventis (*Ambien-CR*)
1999-2004 Wyeth (*Sonata, Effexor*)
2003-2004 Shire (*Adderall-XR*)
2003-2006 AstraZeneca (*Seroquel*)
2001-2005 GlaxoSmithKline (*Paxil*)
2000-2004 Pfizer (*Zolof, Geodon*)
1999-2006 NYMOX (*AD7C test for Alzheimer's Disease*)
1999-2002 Janssen Pharmaceutica (*Risperdal*)
1999-2001 Searle (*Ambien*)
1999-2001 Organon (*Remeron*)
1996-1997 DuPont (*Revia*)
1994-1995 Abbott Labs (*Depakote*)

Employment

- 12/98-1/31/17 Northwoods Care Center,
2250 Pearl Street, Belvidere, IL 61108.
Geriatric Psychiatry Consultant.
- 11/92-9/30/96 Park Strathmoor & Alma Nelson Nursing Homes,
550 South Mulford, Rockford, IL 61108
Psychiatric Consultant.
- 11/94-06/95 The Mill School
3445 Elmwood Road, Rockford, IL.
Psychiatric Consultant.

8/2/92-8/5/94 SwedishAmerican Hospital, Rockford, IL.
Clinical Director, Geriatric Psychiatry,
The Center for Mental Health.

11/28/90-1992 St. Mary's Hospital,
56 Franklin Street, Waterbury, CT 06706
Medical Practice Associate, Department of Psychiatry.

1990-1992 Whiting Forensic Institute,
P.O. Box 70, O'Brien Drive,
Middletown, CT 06457
Psychiatrist on-call.

1/3/90-1991 Fair Oaks Hospital
*(inpatient dual diagnosis and substance abuse
psychiatric hospital)*
19 Prospect Street,
Summit, NJ 07901
Psychiatrist on-call.

Other Staff Memberships:

8/5/92-5/16/2005 SwedishAmerican Hospital,
1400 Charles Street
Rockford, Illinois 61104
(815) 968-4400. Active Staff.

1/19/94-1/2000 Rockford Memorial Hospital,
2400 North Rockton Avenue,
Rockford, Illinois 61103
(815) 968-6861
Courtesy Staff.

10/26/93-1/2000 Saint Anthony Medical Center,
5666 East State Street,
Rockford, Illinois 61108-247
(815) 226-2000. Courtesy Staff.

9/27/94-7/7/00 Highland Hospital,
1625 South State
Belvidere, Illinois 61008
(815) 547-5441
Courtesy Staff. (reappointment 1/14/97)

Publications

- 2011 John M. Davis, William J. Giakas, Jie Qu, Pavan Prasad, Stefan Leucht. Should We Treat Depression with drugs or psychological interventions? A Reply to Ioannidis. Philosophy, Ethics, and Humanities in Medicine, 6:8, 2011.
- 2000 Giakas, W.J., Davis, J.M., Improving Patient Compliance: Cisapride in the Treatment of Nausea Due to SSRIs. Essential Psychopharmacology, 3:3, 2000.
- 1998 Davis JM, Giakas WJ. Mirtazapine: The first million patients [Abstract]. In: Scientific Abstracts of the 37th Annual Meeting of the American College of Neuropsychopharmacology, December 14–18, 1998. Las Croabas, Puerto Rico: 304.
- 1997 Giakas, W.J., Davis, J.M., Intractable Withdrawal from Venlafaxine Treated with Fluoxetine. Psychiatric Annals, 27:2, February 1997.
- 1995 Giakas, W.J., Risperidone Treatment for a Tourette's Disorder Patient With Comorbid Obsessive-Compulsive Disorder [letter]. American Journal of Psychiatry 152:7, July 1995
- 1992 Holzer, J.C., Giakas, W.J., Mazure, C.M., Dysarthria During ECT for Parkinson Disease and Depression. Convulsive Therapy, 1992; 8:3;201-203.
- 1990 Giakas, W.J., Seibyl, J.P., Mazure, C.M., Valproate in the Treatment of Temper Outbursts [letter]. Journal of Clinical Psychiatry, 1990; 51:12; 525.
- 1987 Catelli, J.M., Giakas, W.J., and Sved, A.F., GABAergic Mechanisms in Nucleus Tractus Solitarius Alter Blood Pressure and Vassopressin release. Brain Research, 1987; 403; 279-289.

Research

- 3/2016-present IDEAS (Imaging Dementia—Evidence for Amyloid Scanning) Referring Participant Physician. Nationwide study to determine the impact of early detection of amyloid in patients with either MCI (mild cognitive impairment) or “possible” Alzheimer’s on the diagnosis and course of treatment. Sponsored by Alzheimer’s Association, American College of Radiology, and Centers for Medicare & Medicaid Services.
- 9/97-11/98 Bayer Corporation and Rockford Psychiatric Medical Services. Metrifonate Investigational Nationwide Trial (M.I.N.T). A new cholinesterase inhibitor trial of safety and tolerability in Alzheimer’s Disease patients.
- 3/96-12/96 Du Pont Pharma and Rockford Psychiatric Medical Services, IL. An Observational Study on the Clinical Management of Patients Treated with REVIA for Alcohol Dependence.
- 1/95-2/96 Janssen Pharmaceutica, Inc., and Rockford Psychiatric Medical Services, IL. Risperidone QD vs. BID Dosing in Schizophrenia (Protocol Ris-USA-60).
- 1/94-5/1/95 Abbott Laboratories, Abbott Park, IL and Rockford Psychiatric Medical Services, IL. Safety and Efficacy of Depakote in the Prevention of Mania in Patients with Bipolar Disorder (Protocol M92-822).
- 7/91-5/93 Yale University School of Medicine, New Haven, CT (West Haven VA Medical Center). Double-blind comparison of bupropion and fluoxetine in medically complicated, depressed geriatric patients; Drs. Giakas, Miller, Hensala, Delgado, Salomon, Licinio, Rohrbaugh and Charney (APA Poster Session Fluoxetine versus Bupropion in Geriatric Depression. NR479, 5/26/93).
- 10/87-12/87 National Institutes of Health, Bethesda, MD. Psychopharmacology research position working with Dr. Steven Paul on the effects of chronic and acute stress on GABA receptor affinity and number.

- 6/85-8/85 CIBA-GEIGY Corporation, Pharmaceuticals Division, Summit, NJ. Dr. Alan Sved, UMDNJ-sponsor; Hypertension and baroreceptor reflex inhibition by muscimol in the nucleus tractus solitarius.
- 9/83-5/84 Cornell University, Ithaca, NY. Molecular Biology Research, Dr. Ray Wu; Sequencing cytochrome-C pseudogenes; plasmid stability.
- 6/83-8/83 Colgate-Palmolive Company, Research & Development Division, Piscataway, NJ. Summer Research Internship; Rheological effects of fluoride electrolytes on cellulosic media.

Memberships

- 8/14/97-present American Academy of Psychiatry & the Law (AAPL)
- 12/3/97-present American Society of Adolescent Psychiatry
- 1/5/96-12/2/02 The American College of Physician Executives
- 1/13/94-present American Society of Clinical Psychopharmacology
- 1993-12/14/07 Association for Convulsive Therapy
- 5/21/92-present American Association for Geriatric Psychiatry
- 3/10/92-12/1/02 International Psychogeriatrics Association
- 9/29/92-present Illinois Psychiatric Society
- 1992-present Illinois State Medical Society
- 1992-present Winnebago County Medical Society
- 1988-present American Psychiatric Association
(General Member 12/16/92, Fellow 12/21/16)
- 1984-present American Medical Association
- 1984-86 New Jersey Medical Society
- 1982 EARS Counseling Organization, Cornell University

Committee Memberships and Elected Positions:

- 11/1/98-5/17/2004 Chairman, Department of Psychiatry, SwedishAmerican Hospital (SAH).
- 6/19/98-2006 Medical Advisory Board & Speakers Bureau, NYMOX Corporation.
- 1/12/96-9/18/96 Chairman, Department of Psychiatry, SwedishAmerican Hospital (SAH).
- 1/12/94-9/20/96 Board of Directors, Staffcorp, Inc. A Medical Staff Corporation, SAH, Rockford, Illinois.
- 8/09/93-9/20/96 Critical Pathways Committee, Department of Psychiatry, SAH.

8/01/94-1/12/96	Vice Chairman, Department of Psychiatry, SwedishAmerican Hospital (SAH).
8/01/94-1/12/96	Chairman, Department of Psychiatry Credential Committee, (SAH).
8/01/94-1/12/96	Member, Department of Psychiatry Credential Committee, (SAH).
2/03/94-8/05/94	Chairman, Specialist Task Force. Purpose is to incorporate medical specialists into the accountable health plan at SAH
8/05/92-1/12/96	Utilization Review and Medical Records Committee, SAH.
8/05/92-9/18/96	Quality Assurance and Improvement Committee for the Department of Psychiatry, SAH.
8/05/92-8/05/94	Interdisciplinary Quality Assurance Committee, Department of Psychiatry, SAH.

Formal Presentations*

*Over four hundred informal lectures, physician roundtable discussions, and other presentations on various psychiatric topics through 1/2015

09/20/17	Psychopharmacologic Management of Depression and Anxiety. Lecture presentation to medical students at UICOM-Rockford for Psychiatry Clerkship.
12/19/07	“Attention Deficit Hyperactivity Disorder Across The Lifespan.” Grand Rounds lecture presentation for physicians at SwedishAmerican Hospital (CME event).
11/9/06	Alzheimer’s Association Town Meeting, United Methodist Church, Rockford, IL; Panel discussion sponsored by the Alzheimer’s Association and the Mayor’s Office of Education & Lifelong Learning.
10/21/03	“Neurobiology of Depression and Antidepressant Action,” Grand Rounds Presentation, St. Mary’s Hospital, Streator, IL. (CME event).
03/26/02	“Insomnia: Prevalence and Treatment,” presentation to the medical staff, St. Mary’s Hospital, Streator, IL. (CME event).

- 02/13/01 “Advances in ECT,” presentation to approximately 100 professionals (psychiatrists, social workers, psychologists, nurses), Elgin Mental Health Center, Elgin, IL. Sponsored by Wyeth-Ayerst.
- 02/01/01 “Essentials in Antidepressant Treatment,” presentation to primary care physicians and nurses of St. Anthony Medical Center, Rockford, IL. Sponsored by Wyeth-Ayerst.
- 01/30/01 “Exelon in the Treatment of Alzheimer’s Dementia,” presentation to 20 mental health professionals, Elkhorn, WI. Sponsored by Novartis.
- 12/5/00 “Use of Atypical Antipsychotics in the Elderly,” Sponsored by AstraZeneca.. Northwoods Care Centre, Belvidere, IL.
- 11/2/00 “Exelon in the Treatment of Dementia,” presentation for psychiatrists. Sponsored by Novartis. Monroe Hospital, Monroe, WI.
- 11/2/00 “Treatment of the Agitated Older Adult,” presentation for psychiatrists. Sponsored by Janssen. Beloit Memorial Hospital, Beloit, WI.
- 10/4/00 “Advances in the Treatment of Insomnia,” presentation for 55 physicians of different specialties. Sponsored by Searle. India House Restaurant, Schaumburg, IL.
- 03/16/00 Presentation on Sonata to the *State of Illinois Pharmacy and Therapeutics Committee* (P&T). Purpose was to provide the Public Aid Committee with information on Sonata and receive approval for Wyeth-Ayerst to include Sonata on the Public Aid formulary for IL. ***Sonata was approved by Illinois IPA two days after this presentation.***
- 11/16/99 “New Antidepressant Strategies for Treatment Success,” presentation for physicians. Sponsored by Wyeth-Ayerst. Paragon, Rockford, IL.
- 10/22/99 “Advances in the Treatment of Insomnia,” presentation for physicians. Sponsored by Wyeth-Ayerst. Clock Tower Resort, Rockford, IL.
- 09/29/99 “New Dimensions in Dementia”, a Grand Rounds presentation at SwedishAmerican Hospital (Category I CME). Sponsored by Pfizer and by Janssen Pharmaceutica.

- 01/06/99 “Treatment Options for the Agitated Older Adult,” presentation to the organization A.D.M.I.T. (Admission & Discharge Planners Marketing Ideas Together) comprising healthcare staff from hospitals, long-term care facilities, and home health agencies; Rockford, IL.
- 11/21/97 “Diagnosis and Treatment of Memory Impairment: Special Emphasis on Alzheimer’s Disease,” presentation to the general public. Sponsored by Pfizer, Inc. Clock Tower Resort, Rockford, IL.
- 04/12/96 “Advancing the Treatment of Mania in Bipolar Disorder,” presentation to psychiatrists. Sponsored by Abbott Labs, Rkfd, IL.
- 11/07/95 “Treatment of Depression in the Primary Care and OB Setting.” Sponsored by Pfizer, Inc. Rockford, IL.
- 02/08/95 “How Much Stress Is Too Much Stress,” presentation to the general public. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 07/28/94 “Bipolar Illness: Advances in Treatment,” presentation for primary care physicians and mental health specialists. Sponsored by Abbott Laboratories. Rockford, IL.
- 02/17/94 “Maximizing Treatments for Depression,” presentation for primary care physicians, Rockford, IL. Sponsored by Pfizer.
- 10/15/93 “Depression in the Elderly,” Grand Rounds presentation with Category I CME credit. Mendota Hospital, Mendota, IL.
- 09/29/93 “Maximizing Treatments for Depression,” Grand Rounds presentation with Category I CME credit. Sponsored by an educational grant from Pfizer. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 05/02/93 “Find a Bright Outlook, Despite Chronic Pain,” presentation for the Arthritis Foundation. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.

- 11/10/92 “Diagnosis and Treatment of Delirium,” Grand Rounds presentation with Category I CME credit. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 10/20/92 “Treating Problem Behaviors in the Demented Adult” presentation for nursing home professionals and para-professionals. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 10/06/92 “Bipolar Disorder: Diagnosis and Treatment,” presentation to the general public. Center for Mental Health, SwedishAmerican Hospital, Rockford, IL.
- 06/09/92 “Diagnosis and Treatment of Geriatric Depression,” presentation for professionals and para-professionals. Center for Mental Health, SwedishAmerican Hospital.

Administrative and Management Training

- 8/19/96-8/23/96 Physicians in Management Seminar I (31 hours), American College of Physician Executives, Chicago, IL.

Awards/Honors

- 1988 Dr. David Lyon’s Award in Psychiatry, UMDNJ-New Jersey Medical School (now, Rutgers New Jersey Medical School).
- 2016 Fellow, American Psychiatric Association

Media Appearances/Interviews

- 2002 Television commercial for Northwoods Care Center, Belvidere.
- 01/06/99 ADMIT Lecture Series, “Treatment Options for the Agitated Older Adult.” SwedishAmerican Hospital, a program for coordinators and health care professionals who work with the elderly.
- 11/10/98 WROK Radio-“At Your Service.” A half-hour talk show about Alzheimer’s Disease, sponsored by SwedishAmerican Health System and NYMOX Corp.
- 06/24/97 WROK Radio-“At Your Service.” A half-hour talk show covering psychiatric issues, sponsored by SwedishAmerican Health System.

11/11/96	WREX (CH.13)-ABC - 6 PM News. Comments on Police Officers and Posttraumatic Stress.
09/04/93	CABLE (CH.19)-New Attitudes. “Geriatric Depression.”
02/10/93	WIFR (CH.23)-CBS - Stress Series. “How to Cope with Stress.
01/04/93	WREX (CH.13)-ABC - Family Violence. “Dealing with Family Violence.”
12/28/92	WIFR (CH.23)-CBS - Live at Five. “Why We Make and Break New Years’ Resolutions. (Discussion about changing behaviors for the positive)

Forensic Cases *(Partial listing of attorneys who have consulted me)*

Attorney Matthew Krueger (815-398-9700)
 Attorney Alexander Mezny (815-962-7071)
 Attorney Matt Kinst (312-923-8249)
 Attorney David Kawala (312-321-8436)
 Attorney Catherine Locallo (312-332-7760)
 Attorney Bob Rider (540-767-1717)
 Attorney John Donahue (640-417-7183)
 Honorable Judge Brian Dean Shore
 Attorney Kevin Luther (815-963-4454)
 Attorney Erik Carlson (815-398-9700)
 Attorney David Brassfield (815-398-9700)
 Attorney John Still (336-728-7074)
 Attorney Zane Smith (312-245-0031)
 Sergeant Dave Ernest, Belvidere Police Pension Board
 Attorney Daniel T. Williams (815-639-3700)

Revised 10/19/2017